Our Cardiologists
Adelaide Cardiology provides an extensive range of cardiac services and subspecialties ensuring that patients have access to the complete range of cardiac care within our Practice.

Peter Steele
Interventional
Joseph Montarello
Interventional
Michael Brown
Interventional, Non-Invasive Cardiac Imaging (CT, MRI)
Glenn Young
Electrophysiology
Daniel Cehic
Electrophysiology
Peter Sage
Interventional
Stephen Worthley
Interventional, Non-Invasive Cardiac Imaging (CT, MRI)
Patrick Disney
Echocardiography, Adult Congenital Heart Disease
Karen Teo
Non-Invasive Cardiac Imaging (CT, MRI)
Julie Bradley
Echocardiography
Georgy Chacko
Interventional
Maria Santos
Electrophysiology
G (Srin) Srinivasan
Echocardiography, Non-Invasive Cardiac Imaging (MRI)
Jamie Morton
Echocardiography, Non-Invasive Cardiac Imaging (CT)
Luay Samaraie
Non-Invasive Cardiac Imaging (CT and MRI)

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Locations
City & Suburbs
St Andrew’s Medical Centre
Level 2, 321 South Terrace
Adelaide SA 5000
Ladbrook Clinic
286 Kensington Road
Ladbrook
SA 5068
Hodsbury Clinic
71 Smart Road
Hodsbury SA 5092
Ulley Road Clinic
111 Ulley Road
Nairn SA 5061
Kurralta Park Clinic
Kurralta Park SA 5037
Rivoli Park Clinic
523 South Road
Rivoli Park SA 5037

Regional
Aranygion Hospital
29 North Terrace
Aranygion SA 5153
Bridge Clinic
9 Station Street
Narray Bridge SA 5253
Broken Hill Base Hospital
Thomas Street
Broken Hill NSW 2880
Clare Medical Centre
Old North Road
Clare SA 5453
Gawler Health Services
21 Hitchenmore Road
Gawler SA 5118
Littlehampton
88 North Terrace
Littlehampton SA 5250
Mannum Medical Centre
Peterr Street
Mannum SA 5238
Mehlton Medical Centre
7 South Terrace
Mehlton SA 5575
Wallaroo Hospital
Ernest Terrace
Wallaroo SA 5556
A/Prof Glenn Young recently spent a week in Myanmar providing cardiology services and education. He writes about his experience below:

Inspired by the work and experiences of a medical colleague, James Muirce, I recently set about making enquiries as to the possibility of providing cardiology services and education to underprivileged communities overseas. With contacts made through James’ experience in Myanmar and a chance discussion with an EP colleague from Sydney, I visited Myanmar in October 2013 with a volunteer group, Open Heart International.

Myanmar is a bustling and vibrant country of approximately 65 million people in the heart of Asia. It shares borders with Bangladesh, India, China, Laos and Thailand. It has a turbulent history being a British colony for more than a hundred years before achieving independence in 1948. It was initially a democratic country but a coup in 1962 saw a military junta take control. This persisted until 2010 when a general election was held and a civilian government installed. With these recent changes Myanmar has become more accessible to both tourists and to foreign investment. A visa is still required to visit.

In terms of logistics we were assisted by Open Heart International. This is a volunteer medical group based in Sydney who provide medical assistance and care to many underprivileged countries. I would encourage you to look at their website and consider volunteering, or at least making a donation. They are doing wonderful work. They made the whole process of getting to Myanmar, interfacing with the local medical community and arranging the day to day requirements such as accommodation and transport seamless. I must also thank Medtronic, St Jude and Biotronic who donated medical supplies as accommodation and transport. They are doing wonderful work. They made the whole process of getting to Myanmar, interfacing with the local medical community and arranging the day to day requirements such as accommodation and transport seamless. I must also thank Medtronic, St Jude and Biotronic who donated medical supplies as accommodation and transport.

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The purpose of my trip was to provide assistance and education to the only Electrophysiology Unit in Myanmar. This Unit is run by Professor Nwe Nwe who trained in Myanmar and then spent a year in Singapore to improve her electrophysiology skills. The laboratory has good quality x-ray equipment and facilities for basic electrophysiology studies, catheter ablation and device implants. Only the most symptomatic patients are eligible for treatment. Professor Nwe Nwe has gathered a fabulous team of dedicated nurses, technicians and radiographers. The laboratory runs extremely efficiently and the staff are well trained and very conscientious. They work up to 12 hours a day, 5½ days a week for about $100 a month. Their enthusiasm and the pleasure they seem to derive from their work is enlightening and infectious.

The plan for the week was for Dr Stuart Thomas (from Westmead Hospital) and myself to work with Professor Nwe Nwe and the staff on arrhythmia cases they had been unable to successfully treat. We started on Monday morning and over the next 6 days worked about 80 hours and completed the 30 or so patients they had lined up. It was approached as a teaching exercise and we encourage the local staff to do as much of the work as possible although there was enough hands on work to keep us busy. It was very gratifying to see the obvious appreciation the patients and their relatives expressed for our help. We managed to enjoy a traditional Myanmar lunch cooked every day by “Matron” and the hospital extended to us was wonderful. We found the people warm and friendly and Yangon very safe to travel around. Our only regret is that we didn’t have time to see more of the city sights.

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From my personal perspective, I gained an enormous amount from the trip and it seems that we may have made a good impression as we have been invited back this year.

Welcome...
to our Winter 2014 issue of “the beat”, Adelaide Cardiology’s quarterly publication providing information about our Practice and cardiology topics of interest.

Adelaide Cardiology welcomes registrations for their GP CPD Education Meeting

Saturday 2nd of August 2014 : 8.30am until 1.00pm.

To The Tennisron Centre at Kurralta Park : 520 South Road, Kurralta Park.

RSVP: Julie Breen E: jbreen@adelaidecardiology.com.au

Dr’s Peter Steele, Michael Brown, A/Prof Glenn Young

Dr Peter Steele, Geoffrey Chacks, Maria Santos, Jamie Morton and Lucy Samare will present a clinical update and review of the following topics:

· Ischaemic Heart Disease:
  - History Taking
  - Treatment
  - Percutaneous Coronary Interventions
  - Treatment

· Congestive Cardiac Failure:
  - Medical Treatment
  - Percutaneous Coronary Interventions
  - History Taking

· Non Invasive Cardiac Imaging:
  - ECG
  - Exercise Stress Echo
  - Event (Loop) Monitor

· Arrhythmias:
  - End of Life Issues
  - Pacemaker
  - Atrial Fibrillation

· Cardiovascular Imaging:
  - CT Coronary Angiography
  - Cardiac MRI

· Treatments for Cardiac Arrhythmias:
  - Transoesophageal ECHO
  - Non Invasive Cardiac Imaging:
  - Pacing

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Associate Professor Glenn Young

Glenn graduated from the University of Adelaide in 1985 and undertook his internship, general medical training and advanced cardiology training at the Royal Adelaide Hospital. At this time invasive treatment of cardiac arrhythmias was in its infancy and Glenn decided to travel overseas to pursue his interest in this area.

Having been awarded the Lions Heart Foundation Travelling Fellowship, Glenn studied at the Royal Brompton National Heart Hospital in London for 12 months and then a further two years at the University Hospital in Vancouver, Canada. In 1994 Glenn returned to the RAH to establish a comprehensive electrophysiology service. He continues to work predominantly in the field of cardiac arrhythmias performing both catheter ablation and implanting pacemakers and defibrillators.

Glenn has undertaken extensive research in the area of arrhythmias and involves himself in the teaching of medical students, cardiac trainees and nursing staff and is a Senior Clinical Lecturer at the University of Adelaide.

Glenn has an active role in the Cardiac Society of Australia and New Zealand being past Chairman of the Pacing and EP working group and is on a number of Cardiac Society and federal government committees.

Glenn who joined Adelaide Cardiology in 1994 consults at the St Andrews Medical Centre, our Unley Road, Murray Bridge and Broken Hill Clinics.