



Our Cardiologists

Adelaide Cardiology provides an extensive range of cardiac services and subspecialties ensuring that patients have access to the complete range of cardiac care within our Practice.

John Sangster

Echocardiography

Peter Steele

Interventional

Joseph Montarello

Interventional

Michael Brown

Interventional, Non-invasive Cardiac Imaging (CT, MRI)

Glenn Young

Electrophysiology

Daniel Cehic

Electrophysiology

Peter Sage

Interventional

Stephen Worthley

Interventional, Non-invasive Cardiac Imaging (CT, MRI)

Patrick Disney

Echocardiography, Grown up Congenital Heart Disease

Karen Teo

Non-invasive Cardiac Imaging (CT, MRI)

Julie Bradley

Echocardiography

Georgy Chacko

Interventional

Maria Santos

Electrophysiology

G (Srin) Srinivasan

Echocardiography, Non-invasive Cardiac Imaging (MRI)

Jamie Morton

Echocardiography, non-invasive cardiac imaging (CT)

Luay Samaraie

Non-invasive Cardiac Imaging (CT and MRI)



Contact us

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Facsimile

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adelaidecardiology.com.au

Locations

City & Suburbs

270 Wakefield Street
Adelaide SA 5000

St Andrew's Clinic
349 South Terrace
Adelaide SA 5000

Modbury Clinic
71 Smart Road
Modbury SA 5092

Unley Road Clinic
313 Unley Road
Malvern SA 506

Regional

Angaston Hospital
29 North Street
Angaston SA 5353

Bridge Clinic
8 Standen Street
Murray Bridge SA 5253

Broken Hill Base Hospital
Thomas Street
Broken Hill NSW 2880

Clare Medical Centre
Old North Road
Clare SA 5453

Gawler Health Services
21 Hutchinson Road
Gawler SA 5118

Gumeracha Hospital
2 Albert Street
Gumeracha SA 5233

Littlehampton
89 North Terrace
Littlehampton SA 5250

Maitland Health Centre
69 Robert Street
Maitland SA 5573

Mannum Medical Centre
Parker Street
Mannum SA 5238

Minlaton Medical Centre
7 South Terrace
Minlaton SA 5575

Walleroo Hospital
Ernest Terrace
Walleroo SA 5556



the beat

Welcome...

to our Winter 2013 issue of "the beat", Adelaide Cardiology's quarterly publication which provides information about our Practice and cardiology topics of interest.

Move to new St Andrew's Medical Centre

On Tuesday 8 October 2013 Adelaide Cardiology is moving to the new St Andrew's Medical Centre (SAMC), which is at 321 South Terrace, Adelaide, on the corner of Hutt Street. We are very excited about this move, as it allows us to offer an expanded range of services to our patients. The Centre will also include Pharmacy, Pathology, Specialist Consulting rooms and Medical Oncology Services.

From this time, we will no longer be using our existing rooms at 349 South Terrace. The move to the new SAMC allows us to further our commitment with St Andrew's to deliver world class medical centre cardiology services. Importantly the SAMC will enable us to continue to provide our patients with the highest quality of care with an expanded range of state-of-the-art consulting and diagnostic test services.

This increased capacity will provide easier access to our services both for patients and referring doctors. All of our existing services will continue at our other metropolitan and regional sites.



St Andrew's Medical Centre

Level 2, 321 South Terrace Adelaide

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Adelaide Cardiology is pleased to welcome Dr Luay Samaraie to the Practice.



Dr Luay Samaraie

Dr Luay Samaraie is a non-interventional Cardiologist who obtained his medical degree in Iraq and then moved to New Zealand where he did the majority of his clinical training, working at various institutions in the country including Auckland and Middlemore Hospitals.

In 2011 he was awarded Fellowship of the Royal Australasian College of Physicians.

He then moved to Adelaide to undertake a Fellowship in Cardiac MRI and Cardiac CT Coronary Angiography at the Royal Adelaide Hospital.

Dr Luay Samaraie has a special interest in non-invasive imaging of the heart, planning to further develop his interest in cardiac imaging, primary prevention of heart disease, the management of ischaemic heart disease and the treatment of heart failure.

Renal Denervation for Hypertension

Professor Stephen Worthley

Helpman Chair of Cardiovascular Medicine
University of Adelaide

Percutaneous catheter-based renal denervation is a relatively new technology for the management of resistant hypertension.

The early studies have shown that renal denervation, when undertaken using strict eligibility criteria and in an appropriate clinical setting, is safe and results in significant and sustained reductions in blood pressure for patients with resistant hypertension in the short- to medium-term. However, long-term follow-up data are scarce and the effect of renal denervation on broader outcomes such as cardiovascular morbidity is not yet known. Further research is required to confirm its role, evaluate its impact on cardiovascular morbidity and investigate other patient groups where it may be beneficial.

However, today some of your patients may be good candidates to consider enrolling in such studies or even for clinical treatment outside of a study environment. That group to date would be those with drug-resistant hypertension, with office systolic blood pressures of over 160mmHg and already on at least 3 anti-hypertensive agents of which one is a diuretic.

The procedure is relatively simple, but involves a femoral artery puncture and positioning of a radio frequency ablation catheter into the renal arteries under fluoroscopic guidance, and is usually performed in a cath lab with conscious sedation. Although in the future it may be performed as a day patient, at the moment it usually means an overnight stay in hospital.

Potential candidates are rigorously screened through an independent renal denervation clinic to ensure appropriateness of the procedure and trial involvement.

Currently we are running clinical trials of renal denervation at both St Andrew's Hospital and the Royal Adelaide Hospital.

If you have any enquiries about our program, don't hesitate to contact Jo Nimmo or Anne-Marie Mitchell our Clinical Trial Co-ordinators managing our Renal Denervation Program via Ms Angie Hooper on 8222 5608.