



Our Cardiologists

Adelaide Cardiology provides an extensive range of cardiac services and subspecialties ensuring that patients have access to the complete range of cardiac care within our Practice.

John Sangster
Echocardiography

Peter Steele
Interventional

Joseph Montarello
Interventional

Michael Brown
Interventional, Non-invasive Cardiac Imaging (CT, MRI)

Glenn Young
Electrophysiology

Daniel Cehic
Electrophysiology

Peter Sage
Interventional

Stephen Worthley
Interventional, Non-invasive Cardiac Imaging (CT, MRI)

Patrick Disney
Echocardiography, Grown up Congenital Heart Disease

Karen Teo
Non-invasive Cardiac Imaging (CT, MRI)

Julie Bradley
Echocardiography

Georgy Chacko
Interventional

Maria Santos
Electrophysiology

G (Srinj) Srinivasan
Echocardiography, Non-invasive Cardiac Imaging (MRI)

Jamie Morton
Echocardiography, non-invasive cardiac imaging (CT)



Contact us

270 Wakefield Street
Adelaide 5000
South Australia

Telephone
08 8202 6600
Facsimile
08 8232 3692
adelaidecardiology.com.au

Locations

City & Suburbs

270 Wakefield Street
Adelaide SA 5000

St Andrew's Clinic
349 South Terrace
Adelaide SA 5000

Modbury Clinic
71 Smart Road
Modbury SA 5092

Unley Road Clinic
313 Unley Road
Malvern SA 5061

Regional

Angaston Hospital
29 North Street
Angaston SA 5353

Bridge Clinic
8 Standen Street
Murray Bridge SA 5253

Broken Hill Base Hospital
Thomas Street
Broken Hill NSW 2880

Clare Medical Centre
Old North Road
Clare SA 5453

Gawler Health Services
21 Hutchinson Road
Gawler SA 5118

Gumeracha Hospital
2 Albert Street
Gumeracha SA 5233

Littlehampton
89 North Terrace
Littlehampton SA 5250

Maitland Health Centre
69 Robert Street
Maitland SA 5573

Mannum Medical Centre
Parker Street
Mannum SA 5238

Minlaton Medical Centre
7 South Terrace
Minlaton SA 5575

Walleroo Hospital
Ernest Terrace
Walleroo SA 5556



the beat

Welcome...

to our Autumn 2013 issue of "the beat", Adelaide Cardiology's quarterly publication which provides information about our Practice and cardiology topics of interest.

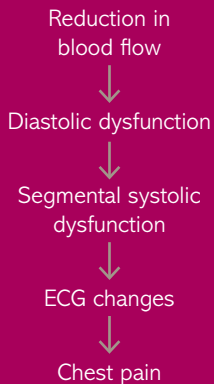
Expanded Exercise Stress Echo Services - Unley

We are delighted to inform you that Adelaide Cardiology has increased patient access for exercise stress echocardiography (ESE). Adelaide Cardiology now has 7 Cardiologists with specialist expertise in this area and accordingly we have increased services at our Wakefield Clinic and also introduced an ESE service at our Unley Road Clinic. We will continue to expand ESE services to other clinics in the coming months.

Some key points on Stress Echo:

- More accurate than standard exercise stress testing, especially in women and those with structural heart disease
- Standard exercise stress testing relies on the interpretation of ECG changes (see ischaemic cascade diagram below). ESE has the benefit of echocardiographic assessment of various cardiac functions as well as ECG changes
- Patients need reasonable mobility to walk on the treadmill. B-blockers and calcium channel blockers (verapamil/diltiazem) should preferably be held for at least 24 hours
- A negative ESE predicts a low risk of cardiac events (<1% over next 12 months)

Ischaemic Cascade



Please contact us on 08 8202 6600 or info@adelaidecardiology.com.au if you would like further information or if you require cardiac services request forms.

Request forms can also be downloaded at adelaidecardiology.com.au

Adelaide Cardiology is pleased to welcome **Dr G. (Srin) Srinivasan** and **Dr Jamie Morton** to the Practice.



Dr G. (Srin) Srinivasan

Srin is a non-interventional Cardiologist with experience in Echocardiography, Stress Echocardiography, Contrast Echocardiography, Trans-esophageal Echo and Cardiac Magnetic Resonance imaging. Srin's area of expertise and focus is in non-invasive cardiac imaging and Cardiomyopathy due to various aetiologies.

Graduating from University of Madras, India in 1992 he worked at the Madras Medical Mission, a premier institute and tertiary referral centre in Chennai. He moved to Auckland, New Zealand to pursue post graduate training in General Medicine and Cardiology. He completed cardiology training in Auckland in 2010 and at that time was awarded his Fellow of the Royal Australasian College of Physicians.

Srin then worked as a Consultant Cardiologist at Middlemore Hospital, Auckland and he was invited by the Ministry of Health, Cook Islands, to conduct a clinic in Rarotonga Hospital.

Srin undertook a clinical fellowship in Cardiac Magnetic Resonance Imaging at Flinders Medical Centre, Adelaide in 2011/12. He is level II certified by the Society of Cardiac Magnetic Resonance. He joins Adelaide Cardiology this year strengthening our noninvasive imaging expertise.



Dr Jamie Morton

Jamie graduated from the University of Adelaide in 2001 completing his internship at the Royal Adelaide Hospital. He worked at St Thomas' Hospital, London for two years. He finished his General Medical and Advanced Cardiology training at the Royal Prince Alfred Hospital, Sydney, receiving the distinguished teacher award in 2009. He was awarded his Fellowship of the Royal Australasian College of Physicians in 2010.

He has spent the last few years completing his PhD on the role high density lipoprotein cholesterol (the "good cholesterol") plays in cardiovascular disease, diabetes and cancer at the Heart Research Institute, University of Sydney, through a National Health and Medical Research Council and National Heart Foundation scholarship. This research has been presented at conferences worldwide and has received awards from The Cardiac Society of Australia and New Zealand and the Heart Research Institute.

In 2013 he joined Adelaide Cardiology, where he will develop his interest in diagnostic imaging in cardiology, particular echocardiography, CT coronary angiography.