



Request for Cardiac Services

Patient Name:

Address:

Date of Birth: Phone: ()

Appointment Date: Time: am/pm

- | | | |
|---|---|--|
| <input type="checkbox"/> St Andrew's Clinic | <input type="checkbox"/> Angaston Hospital | <input type="checkbox"/> Littlehampton Medical |
| <input type="checkbox"/> Leabrook Clinic | <input type="checkbox"/> Bridge Clinic | <input type="checkbox"/> Mannum Medical |
| <input type="checkbox"/> Kurralta Park Clinic | <input type="checkbox"/> Broken Hill Base | <input type="checkbox"/> Minlaton Medical |
| <input type="checkbox"/> Modbury Clinic | <input type="checkbox"/> Clare Medical Centre | <input type="checkbox"/> Wallaroo Hospital |
| <input type="checkbox"/> Unley Road Clinic | <input type="checkbox"/> Gawler Health Services | |

Clinical Details

Investigation requested

- Echocardiogram†
- Exercise Stress Echo (ESE)*†
- Exercise Treadmill Test*
- ECG
- Holter Monitor (24 hour)
- Event Monitor (1-7 days)
- ABP Monitor (24 hour)
- Consultation

* Note to Referring Doctor

Preferably withhold rate-controlling medication (eg Beta Blockers) for 24 hours prior to test, unless clinically contraindicated.

† Note to Patient

Your doctor has recommended that you use Adelaide Cardiology. You may use another provider but please discuss this with your doctor first.

Requested by

Dr's Name (printed): Date:

Dr's Signature: Provider No:

Address:

Phone: () Fax: ()

Please bring this request form and your Medicare card with you.

Locked Bag 1
Kensington Park SA 5068
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Facsimile 08 8202 6698
info@adelaidecardiology.com.au
www.adelaidecardiology.com.au

Our Cardiologists

- Dr Peter Steele
- Dr Joseph Montarello
- Dr Michael Brown
- A/Prof Glenn Young
- Dr Daniel Cehic
- Dr Peter Sage
- Prof Stephen Worthley
- Dr Patrick Disney
- Dr Karen Teo
- Dr Julie Bradley
- Dr Georgy Chacko
- Dr Maria Santos
- Dr G (Srin) Srinivasan
- Dr Jamie Morton
- Dr Luay Samaraie
- Dr Charles Tie



Adelaide Cardiology



Echocardiogram†:

An ultrasound examination of the cardiac structures. Provides detailed information about the size and function of the cardiac chambers, wall thickness, the function of cardiac valves, the ascending aorta and pericardium. Used in the assessment of dyspnoea, oedema, chest pain, syncope, palpitations and murmurs. No preparation is necessary and it takes approximately 45-60 minutes.

Exercise Treadmill Test*

A continuous 12 lead electrocardiogram during graded exercise. Used to detect exercise induced myocardial ischaemia and arrhythmias. Used in the assessment of chest pain, dyspnoea and other exertional symptoms. Patients should wear comfortable clothes and shoes and avoid a heavy meal before hand.

24 Hour Holter Monitor

Records the cardiac rhythm over a 24 hour period. Used in the evaluation of palpitations and syncope. No preparation is necessary. The monitor takes 15-20 minutes to apply.

Event Monitor (1-7 days)

Allows for brief recordings of the cardiac rhythm to be taken during symptoms. Used in the evaluation of palpitations and syncope. No preparation is necessary. The monitor takes 15-20 minutes to apply.

24 Hour BP Monitor

Records multiple blood pressure measurements over a 24 hour period. Used in diagnosing hypertension and evaluating treatment efficacy. No preparation is necessary. The monitor takes 15-20 minutes to apply.

Exercise Stress Echo (ESE)*†

Uses ultrasound imaging to determine how the heart muscle responds to stress. It includes a brief resting echocardiogram followed by an exercise stress test. Another echocardiogram is taken immediately after exercise is completed. It is used in the diagnosis and evaluation of chest pain and breathlessness. Patients should wear comfortable clothes and shoes and avoid a heavy meal beforehand. The ESE does not replace an echocardiogram.

Locations

City & Suburbs

- St Andrew's Medical Centre: Level 2, 321 South Terrace Adelaide
- Leabrook Clinic: 284 Kensington Road Leabrook
- Kurralta Park Clinic: Tennyson Centre, 520 South Road Kurralta Park
- Modbury Clinic: 71 Smart Road Modbury
- Unley Road Clinic: 313 Unley Road Malvern

Regional

- Angaston Hospital: 29 North Street Angaston
- Bridge Clinic: 8 Standen Street Murray Bridge
- Broken Hill Base Hospital: Thomas Street Broken Hill
- Clare Medical Centre: Old North Road Clare
- Gawler Health Services: 21 Hutchinson Road Gawler
- Littlehampton Medical Centre: 89 North Terrace Littlehampton
- Mannum Medical Centre: Parker Street Mannum
- Minlaton Medical Centre: 7 South Terrace Minlaton
- Wallaroo Hospital: Ernest Terrace Wallaroo

If you have any enquiries regarding your appointment please contact us on 08 8202 6600.