

Appointment Date:

Appointment Time:

Location:

Name:

Address:

Date of Birth:

Phone: (H)

Phone: (Bus)

Phone: (Mob)

Medicare No.:

Clinical Details:

Requested by: (Doctor's Details)

Provider No:

Investigation requested

- Consultation
- Echocardiogram†
- Exercise Stress Echo (ESE)*†
- Exercise Treadmill Test*
- Holter Monitor (24 hour)
- Event Monitor (1-7 days)
- ABP Monitor (24 hour)
- ECG

* Note to Referring Doctor

Preferably withhold rate-controlling medication (eg Beta Blockers) for 24 hours prior to test, unless clinically contraindicated.

† Note to Patient

Your doctor has recommended that you use Adelaide Cardiology. You may use another provider but please discuss this with your doctor first.

Doctor's Signature:

Date:

Exercise Stress Echo (ESE)*†

Uses ultrasound imaging to determine how the heart muscle responds to stress. It includes a brief resting echocardiogram followed by an exercise stress test. Another echocardiogram is taken immediately after exercise is completed. It is used in the diagnosis and evaluation of chest pain and breathlessness. Patients should wear comfortable clothes and shoes and avoid a heavy meal beforehand. The ESE does not replace an echocardiogram.

Echocardiogram†:

An ultrasound examination of the cardiac structures. Provides detailed information about the size and function of the cardiac chambers, wall thickness, the function of cardiac valves, the ascending aorta and pericardium. Used in the assessment of dyspnoea, oedema, chest pain, syncope, palpitations and murmurs. No preparation is necessary and it takes approximately 45-60 minutes.

24 Hour Holter Monitor

Records the cardiac rhythm over a 24 hour period. Used in the evaluation of palpitations and syncope. No preparation is necessary. The monitor takes 15-20 minutes to apply.

Event Monitor (1-7 days)

Allows for brief recordings of the cardiac rhythm to be taken during symptoms. Used in the evaluation of palpitations and syncope. No preparation is necessary. The monitor takes 15-20 minutes to apply.

24 Hour BP Monitor

Records multiple blood pressure measurements over a 24 hour period. Used in diagnosing hypertension and evaluating treatment efficacy. No preparation is necessary. The monitor takes 15-20 minutes to apply.

Exercise Treadmill Test*

A continuous 12 lead electrocardiogram during graded exercise. Used to detect exercise induced myocardial ischaemia and arrhythmias. Used in the assessment of chest pain, dyspnoea and other exertional symptoms. Patients should wear comfortable clothes and shoes and avoid a heavy meal beforehand.

Locations

City & Suburbs

- St Andrew's Medical Centre: Level 2, 321 South Terrace Adelaide
- Leabrook Clinic: 284 Kensington Road Leabrook
- Modbury Clinic: 979 North East Road Modbury
- Mount Barker Clinic: Unit 3, 22 Mann Street Mount Barker
- Unley Road Clinic: 313 Unley Road Malvern

Regional

- Angaston Hospital: 29 North Street Angaston
- Broken Hill Base Hospital: Thomas Street Broken Hill
- Clare Medical Centre: Old North Road Clare
- Gawler Health Services: 21 Hutchinson Road Gawler
- Mannum Medical Centre: Parker Street Mannum
- Minlaton Medical Centre: 7 South Terrace Minlaton
- Murray Bridge Clinic: 6 Verdun Road Murray Bridge
- Wallaroo Hospital: Ernest Terrace Wallaroo

If you have any enquiries regarding your appointment please phone 08 8202 6600 or

E: info@adelaidecardiology.com.au

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Our Cardiologists

Dr Peter Steele
Dr Joseph Montarello
Dr Michael Brown
A/Prof Glenn Young
Dr Daniel Cehic
Dr Peter Sage
Prof Stephen Worthley
Dr Patrick Disney
Dr Karen Teo
Dr Julie Bradley
Dr Georgy Chacko
Dr Maria Santos
Dr G (Srin) Srinivasan
Dr Jamie Morton
Dr Luay Samaraie
Dr Charles Tie

